

## Packing List

Our trips range from casual family vacations to true wilderness expeditions. For any trip, it is important that you get the information you need to best prepare yourself for your experience. Below, we have a packing list that should be reviewed carefully before you embark on your journey. If there is information that you feel you are missing, please feel free to ask us any questions. Preparation is vital to success.

"A big part of the Wild experience is focused on moderation. We believe in having enough and not overwhelming ourselves with too much."

# What we provide

When we meet for your trip all food and water needs will be supplied by us, from lunch on the first day to lunch on the last day of your trip.

## All boating equipment

(Boats/paddles/PFD)

## Sleep Kit

(unless you're bringing your own)
Tent / Thermarest Sleeping Pad / Sleeping Bag
(If you would like a pillow bring it!)

## 2 Dry-bags

- (1) Drybag for personal camp belongings (Clothes, books, Sleep kit, Etc.)
- (1) Drybag for daily needs (Anything you may want to access throughout the day including: rain jacket, Binoculars, Snacks Etc)

# What gear you should bring

This is the gear that you will place in your dry bags

Water Bottle (we will supply the water, you just need something to put it in)

Sun protection (Big hat, Sunglasses, Sunscreen Etc)

#### Footwear

# There are many options of footwear! The choice is yours!

#### Sandals

can be a great option, but it's best to make sure they are of good quality. Chaco's have stood the test of time and are a river guide's standby. Flip-flops can be great around camp, but generally don't hold up to the demands of wilderness trips.

#### Water shoes

can also work really well and are a prefered choice for the more demanding trips. A shoe with a firm sole that can get wet is ideal and is what you will see your guides wearing. It's best to use a shoe with very little insulation for ease of drying.

#### Rain Boots

are a must-have for winter and fall trips. A higher profile boot is always better. Good rain boots will keep your feet dry and mud-free while getting in and out of the boat and your cozy, dry feet will bring your heart joy throughout the day's adventures. It is very important that your rain boots are not insulated for the sake of drying them out each day. Any hardware store should have something that will do the trick.

## Hiking Boots/Shoes

can be very handy and are recommended on longer trips with a hiking emphasis. It is very important that your boots and/or shoes are well broken-in before you embark on your adventures. This additional footwear can also work nicely as camp shoes.

#### Rain Gear

is a must-have in your drybag. The weather in Big Bend can change incredibly quickly and even though it is a desert, storms are possible throughout the year. Rain gear is light and it is always better to have it and not need it than to need it and not have it. There is a spectrum of quality for gear and what you use is up to you.

### Clothing

can be a little confusing on a wilderness trip and can be approached many different ways. It is important that your items serve multiple purposes and are suitable for your specific trip (ie. Winter months demand warm layers while spring and fall trips may require more sun protection). Quick-drying and synthetic layers are a must. Some folks enjoy wearing the same thing every day while others like the ritual of a clean shirt every night. It is important to think this step through and to approach your choices with a plan. We have seen the approach of having a separate set of river and camp clothes work really well.

#### River clothes

should always be quick drying in the winter months. Heavy cotton can be dangerous in cold weather and will stay wet for an impressively long time.

## Camp clothes

are not as important for functionality as they are for comfort. You'll probably see your guide wearing cotton and fleece along with flip flops around camp.

## Backpack

is a very useful tool on longer trips with lots of hiking options

#### Camera

#### **Toiletries**